

6.6 Speaking language practice

Advice

- 1 Look at the photo. Match the questions (1–3) to the correct answers (a–f). There are three extra answers.



- 1 Who are the people?
2 What are they doing?
3 How is the girl feeling?
- a They are walking. I think they are on holiday. I don't think it's a one-day walk because their backpacks are big and full.
b She is in pain. Maybe she is worried that she can't get home. Perhaps she thinks her friends are angry with her.
c Perhaps it isn't so serious and she can get up and walk in a few minutes.
d I think the girl is a university student. She looks about 20 years old. The other two are probably friends from university.
e I enjoy walking with friends. My favourite walks are in the mountains. I would like to go on a long walk for a few days or more.
f They are in a forest. They aren't wearing coats so I think it is the summer.
- 2 Complete the conversation between the people in the photo above with one letter in each gap.

Ellen: Are you OK, Liz?

Liz: I think so. Owww!

Max: You ⁰ shouldn't try to stand up on your own. It's 'i _____ t to be careful. In fact, don't stand up at all at the moment.

Ellen: ² S _____ d I phone your mum?

Liz: No, don't. She always worries a lot about me. I'm fine. I just need a rest.

Max: You should ³ r _____ y go to the hospital and get an X-ray. I don't think it's broken but you should know exactly what's wrong. You should ⁴ a _____ o put a bandage on it to protect it. I've got one here in my backpack somewhere.

Liz: OK. ⁵ S _____ d I take off my boot?

Max: Yes, then we can put the bandage on it ... It doesn't look very bad. Tell me if I'm hurting you.

Liz: No, it's fine.

Max: Let's have a rest and see how you feel in ten minutes.

Ellen: And ⁶ m _____ e s _____ e that you don't fall over again!

Liz: I'll try not to!

- 3 Two of the three answers are possible. Cross out the answer A, B or C which is **wrong**.

- 1 I quite often get bad headaches.
A You should see a doctor.
B You really shouldn't use your computer so much.
C Make sure you get lots of exercise.
- 2 I've got important exams soon and I'm feeling very nervous.
A You should try to relax.
B It's important not to stay up too late.
C You really shouldn't do them.
- 3 How can I get fit?
A Make sure you don't make the problem worse.
B It's important to eat well and get lots of exercise.
C You should spend less time in front of the computer.
- 4 Should I go on a diet?
A Yes, but make sure you get good advice about what to eat.
B No, you really shouldn't eat so much.
C Maybe but before you start it's important to talk to a doctor.

- 4 Complete the conversation with the words and phrases from the box. There are two extra words or phrases.

also important to important not to
I should make sure **must** should I
should really you should you shouldn't

Terry: Sue, I want to start jogging because I need to get fitter and lose some weight. You go jogging a lot. Have you got any advice you can give me?

Sue: Yes. First of all, you ⁰ must get some good running shoes.

Terry: OK, and how far ¹ _____ run?

Sue: Not very far when you start. It's ² _____ do too much. It can be very dangerous. Some people have heart attacks.

Terry: Oh, wow! Anything else?

Sue: ³ _____ run on hard roads. It's bad for the legs. Try to find a path in the forest or a good running track. ⁴ _____ you take a lot of water to drink and you should ⁵ _____ take a mobile phone.

Terry: Why?

Sue: Because something could happen to you. When you're a long way from home, it's ⁶ _____ have some way to contact people who can help you. You ⁷ _____ go with someone else. It's safer and more fun.

Terry: Can I go with you?

Sue: Maybe when you're fitter. I go a long way and quite fast. You should go with someone who is starting to jog. Why not ask Carla? She wants to get fit too.