

- 4 In pairs, look at the icons for each photo and guess what other sports Harry, Sally and Luke do.

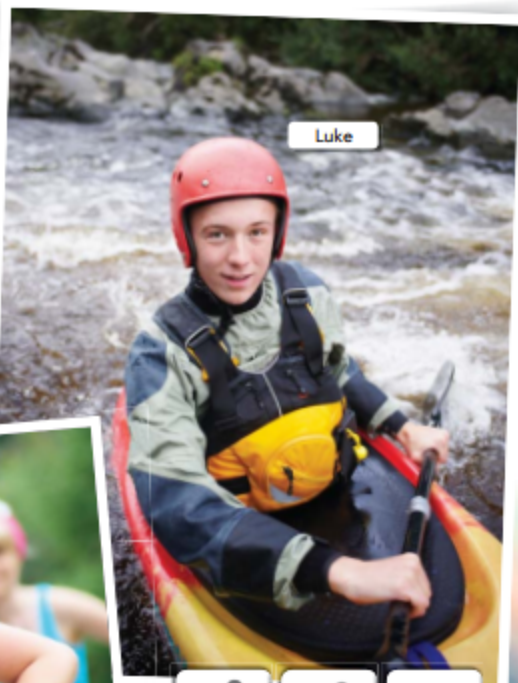
Harry: badminton, _____, _____

Sally: _____, _____, _____

Luke: _____, _____, _____

- 5 **CD-3.1 MP3-98** Complete the sentences with *Harry, Sally or Luke*. Then listen and check.

- Harry goes ice skating on Monday evenings.
- _____ goes jogging before school three times a week. After jogging he has a healthy breakfast.
- _____ plays table tennis for a team. Her team often wins.
- In summer, _____ goes swimming and kayaking. He has a very healthy lifestyle.
- _____ and his/her friends go skiing in winter. They go to the gym to play volleyball twice a week, to keep fit.
- _____ plays tennis or badminton every week.
- _____ plays football at the weekend with his friends.
- _____ takes part in karate competitions.



WORD STORE 6A

- 6 **CD-3.2 MP3-99** Complete WORD STORE 6A with the sports in Exercises 1 and 3. Then listen, check and repeat.

WORD STORE 6B

- 7 **CD-3.3 MP3-100** Look at the phrases in red in Exercise 5 and complete WORD STORE 6B with *go, play or do*. Then listen, check and repeat.

- 8 In pairs, follow the instructions.

- Make a list of at least six sports you or your friends do.
- For each sport on your list write *go, play or do*.
- Tell your partner about the sports you do, when you do them and who you do them with.
*In winter I go skiing with my family.
I play tennis with my friend Daniel on Mondays.*

WORD STORE 6C

- 9 **CD-3.4 MP3-101** Look at the underlined phrases in Exercise 5 and complete WORD STORE 6C. Then listen, check and repeat.

- 10 Complete the questions with the verbs in WORD STORE 6C. Then ask and answer in pairs.

- Do you have a healthy breakfast? What do you have?
- What do you do to fit?
- Do you play for a sports team? What sport do you play?
- Do you go a healthy lifestyle? What do you do?
- How often do you go to the gym?
- Do you take part in any sports competitions? What kind?

- 11 Complete the text with one word in each gap. Use WORD STORES 6B and 6C to help you.

EXAMS AND YOUR HEALTH

- Don't study all night. You learn better when you're not tired.
- Try to have a healthy diet. A healthy? _____ first thing in the morning gives you energy for the whole day.
- Exercise is important. You're never too busy to _____ jogging or swimming. If you don't have time to _____ tennis or football, walk or cycle to school. Or _____ to the gym for an hour.
- If there isn't a gym near your home, _____ exercises for ten minutes every morning.
- And take regular breaks when you're studying.

- 12 In pairs, find these things in the text in Exercise 11.

- two things you already do
I have a healthy diet.
- two things you'd like to do
I'd like to do more exercise.