LOG ON

One machine can do the work of fifty ordinary men. No machine can do the work of one extraordinary man.

ELBERT HUBBARD (1856-1915). AN AMERICAN WRITER AND PHILOSOPHER

UNIT LANGUAGE AND SKILLS

Vocabulary:

- Show what you know using computers
- · collocations to do with Internet use
- health issues
- collocations in set phrases
- · electronic communication
- · what the body does
- · Word in focus on

Grammar:

- advanced passive forms
- passive reporting verbs

Listening:

 a news report and conversations about problems with technology

d against' essay

S EXTRA

de

ar Focus pp. 138-140

STORE booklet pp. 14-15 ok pp. 92-105 or MyEnglishLab

ww.english.com/facus

· multiple choice





















T



Collocations to do with Internet use • Health issues • Collocations in set phrases

I can talk about technology and the effects it has on people.

SHOW WHAT YOU KNOW

Write four sentences - three true and one false - about things you have/haven't done. Use verbs and nouns from the boxes.

verbs attach click download follow open save send surf text visit

nouns attachment e-book email file icon Internet music photo somebody (on Twitter) website

I have never visited this school's website.

- 2 In pairs, take turns to read your sentences to each other. Guess which of your partner's sentences is false.
- 3 Look at the title and the headings in the article. Do you agree with the statements? Discuss in pairs. Then read the article and compare

TECHNOLOGY: **DANGER OR USEFUL** TOOL?

Technology makes you lonely.

Constant access to social media means teens are always aware of what everyone is doing. When they compare themselves to their online friends, they think that everyone else is having more fun, and this can

AGREE

Social media plays a crucial role in teenagers' lives. Whether they are updating their status, posting comments or uploading photos, teenagers use social media to supplement face-to-face socialising.

Complete the questions with prepositions. Then read

1 What do teenagers have constant access _____?

the article again and answer the questions.

2 What are teenagers always aware _____?

5 What is the rise in childhood obesity due

7 What sort of ailments can apps help _____?

8 What does technology allow people to focus ?

1 Which of the opinions in the text do you agree with? Why?

2 How would you answer the question in the title?

6 What is 'WhatsAppitis' caused

5 In pairs, discuss the questions.

3 What can comparisons with online friends lead 4 What do parents think their children are addicted ___

2 Technology makes you dependent.

Parents who have trouble tearing their teens away from their device may think they're addicted to technology. Withdrawal symptoms experienced by young people deprived of gadgets and technology is similar to those felt by drug addicts who need their drugs.

AGREE

AGREE

Some teens enjoy video games so much that they lose track of time. But addiction is a serious condition! Checking social media a bit too often is one thing, but that doesn't mean you're obsessed with your device at the expense of other aspects of your life.

3 Technology makes you ill.

The number of obese and overweight children is rising due to their sedentary lifestyle. This can lead to health problems such as diabetes, high blood pressure and insomnia, as well as physical problems such as eye strain, joint pain or new allments like WhatsAppitis, a repetitive strain injury caused by using thumbs for texting.

AGREE

There are apps to help with those minor ailments. Stressed? Worried about inactivity? Get an app that measures your movements. Weight gain? A fitness app counts calories. A sedentary lifestyle is not the only reason why children suffer from obesity. Until our society addresses all the issues connected with childhood obesity, the trend is likely to continue.

4 Technology makes you stupid.

Technology is making us lazy: why would we think for ourselves when we can google it? Why would we try to work out how to get from A to B when the GPS will plan a route? Our attention span is getting shorter.

echnology is making us more efficient. With a search engine at our fingertips , we can browse the net, bookmark useful sites and with our friends. We have more head space to focus on other, more interesting things.

Go to WORD STORE 7 page 15.

WORD STORE 7A



- 6 COMPLETE WORD STORE 7A with the base form of the collocations in red in the article. Then listen, check and repeat. Add a translation.
- For each question, cross out the noun that does not collocate with the verb. Then, in pairs, ask and answer the questions.

When was the last time you:

- 1 uploaded a laptop / a video clip / a photo?
- 2 updated your status / bookmark / profile?
- 3 posted a comment / a link / social media?
- 4 browsed an icon / a website / the net?
- 5 bookmarked a webpage / a homepage / a password?
- 6 shared a link / an icon / a Facebook post?

WORD STORE 7B



- CDD32 MP3-99 Complete WORD STORE 7B. Match the underlined phrases in the article with typical symptoms. Then listen, check and repeat.
- MP3-100 Listen and match conversations 1-6 with allments a-f.

addiction	
dishetee	

a	nigi	poord	pressure
e	inso	mnia	

e strain	f	joint pain

WORD STORE 7C



- 10 CD-3.4 MP3-101 Complete WORD STORE 7C with the highlighted phrases in the article. Then listen, check
- 11 In pairs, complete the statements with phrases from WORD STORE C. Then choose four statements
- 1 Young people spend too much time in front of screens their health.
- 2 With the Internet , you don't need to 'know' anything anymore.
- 3 Social media in maintaining friendships.
- 4 The only way to improve a is to do more exercise.
- 5 Doctors do not know how to _____ of obesity.
- 6 It's so easy to when you are online.
- 7 Drug addicts suffering from _____ deserve our sympathy.
- 8 Teenagers these days have a very limited _

WORD STORE 7D



12 CD53.5 MP3-102 Complete WORD STORE 7D with more collocations. Then listen, check and repeat. Write example sentences.

1 For questions 1-8, read the text below and think of the word which best fits each gap. Use only one word in each gap. There is an example at the beginning.

The Internet of things

Although we like to think of the Internet of as a social network, it is mostly a network of machines. In fact, a few years ago the number of different devices connected to the net is believed to 1______ exceeded the number of human users. This phenomenon is 2______ as 'the Internet of things' and the number of online devices is still 3_____ the rise.

Today almost any object, from your fridge to your car, can have 4______ to the Internet. Using a special application, you can check if you have enough tomatoes for a salad. And if you install a camera in your garage, you are 5______ to check - from any place on Earth - if your car is still there.

At the moment, many of the available applications offer you this remote control of your devices, but the near future, these devices will also take intelligent decisions for you (and without asking you first)! Some experts think it could 7_____ risky. Imagine 6_____ forced to eat healthy food by your fridge, which will do all your weekly shopping. What a scary thought!

TIPS:

Question 3: You need a preposition to complete this phrase, which means 'increasing'

Question 5: The word you need completes a verb phrase which means 'can'.

Question 8: Be careful: what verb form follows imagine?

- 2 For questions 1-6, complete the second sentence so that it has a similar meaning to the first sentence, using the word given. Do not change the word given. You must use between two and five words, including the word given. There is an example.
- I haven't got enough money to buy a new laptop.
 4 Could you tell me what to do about this problem.

I can't afford to buy a new laptop.

1 Yesterday someone sent me the same spam advertisement ten times.

Yesterday___ _____ the same spam advertisement

2 I didn't realise how much time I'd spent playing

while I was playing that game.

3 It was the rule at school to wear a grey uniform.

At school we ______ a grey uniform.

on my computer?

ADVICE

Could_ _ about this problem on my computer?

5 Guests can use the computers in the lobby whenever they need to go online.

DISPOSAL

The computers in the lobby_____ whenever they need to go online.

6 Most people think that wearable technology will soon be much more affordable.

BELIEVED

____ wearable technology will soon be much more affordable.

TIPS:

Question 1: You need to use the passive here

Question 4: What verb collocates with advice, to form a phrase that means 'tell someone what you think they should do"?

Question 6: You need an impersonal passive structure here.

WORD STORE 7A

Collocations to do with Internet use

DOOKIN	ark a site
	the net =
	a comment =
	a link =
	your status =
	a photo =

WORD STORE 7B

Health issues

CONDITION	SYMPTOMS (OR DEFINITION
1 addiction	obsessive behaviour
2	too much sugar in the bloo
3	sore eyes
4	circulation problems
5	sleep disorder
6	sore hips, knees, etc.
7	excess weight
8 8	sore wrists or elbows

WORD STORE 7C

Collocations in set phrases

1 address an issue = deal with a difficulty 2 _____span = length of time you can focus on one thing without distraction 3 at the _____ of sth = one thing happens causing a second thing to suffer 4 at your ____ = near you 5 _____ track of time = no longer know what time it is 6 play a _____ role = have a very important influence _____ lifestyle = involving a lot of sitting

and no exercise 8 _____ symptoms = nasty physical and mental effects when you stop taking drugs

WORD STORE 7D

EXTRA Collocations

common disposal hectic keep life (one word) problem risk vital

1 address a problem → We need to address the problem of unhealthy snacks being sold in the school canteen.

100	span →
at the	of sth →
at your_	 →
	_ track of time →_
play a	role →
	lifestyle →
	symptoms →

WORD STORE 7E

Electronic communication

domain name external drive handset landline remote control sat-nav (satellite navigation system)













WORD STORE 7F

What the body does

beam browse cast an eye over dash around frown slouch stare at wander around

Moving (or not moving)

1 slouch = not sit/stand up straight 2 _____ = move quickly 3 _____ = move slowly

Looking at things

= look briefly look in a leisurely way 6 _____ = look for a long time

Showing emotion

7 _____ = smile broadly 8 – look angry

WORD IN FOCUS



on as a preposition

on the web, on Twitter, on time, on purpose I can't see anything on my screen.

on as a dependent preposition

wish I was less dependent on technology. It had no effect on me.

on in phrasal verbs

Do I need a password to log on? What's going on here then?

on in phrases

've got nothing on this evening. Let's go out. He kept going on and on and on about his new phone. It lists prices for screens, keyboards, scanners and so on.

T

LOG ON

7.1 Vocabulary

Collocations to do with Internet use . Health issues • Collocations in set phrases Health issues

Follow us on Twitter.	V our website to find out more.
Payment successful! Your e-book is now ready to d .	C on the virus scan i to run a full system scan.
Before you o this attachment, make sure that it is from a trusted source.	S file to cloud?
6	hutunu havanita a fil
or photo. S email to <u>hfap</u>	

WORD STORE 7A

Collocations to do with Internet use



Read the blog post and choose the correct answer, A, B, C or D.

80	0			
i t	laptop pasics.	and asi Here are	on. Welcome to my blog. ked me and my sister to the videos we made. Cl ort, simple, gran-friendly	teach her some ick on the links
III	- 3	w to_	the Internet	
[Z] Q	(m)	w to_	your favourite sites	
1	11	w to_	a link to a website with	your friends
10	0	w to_	a comment on a webs	ite
	0	w to_	your Facebook status	
2		w to_	a photo to Facebook	
~		rowse	B attach	C post
	M	ook	B bookmark	C print

B text

B post

B receive

B attach

C share

C send

C dick

C download

WORD STORE 7B

4	he	alth issues. Some letters are given.				
,	0	inability to sleep: Incomnia				
	1	too much sugar in the blood: ds				
	2	circulation problems: hh bd				
		pe				
	3	sore wrists or elbows: re				
		sn iy				
	4	a need or very strong desire to do or have something:				
		an				
	5	sore hips, knees, etc.: jt pn				
	6	sore eyes: ee sn				
	7	weight gain: oy				
4		emplete the doctor's advice with the health issues				
4	fre	om Exercise 3.				
1	 I usually advise people suffering from obesity to join 					
		a local weight-loss group.				
	1	Your may be caused by reading in poor light.				
	2	Lying in bed at night worrying about the next day is				
		a common cause of				
	3	,				
		everything possible to control your blood sugar levels.				
	4	The pain is probably caused by a(n) Does				
		your job or one of your hobbies involve repeated				
		movements?				
	5					
		may want to try a different type of running shoe.				
	6	You have rather Have you been experiencing				
		chest pains at all?				
	7	You are clearly suffering from to alcohol. It is				

3 Read the descriptions and symptoms and write the



WORD STORE 7C

Collocations in set phrases



5 Complete the article with the phrases in the box.

address the issue at his fingertips at the expense of long attention span lost track of time played a crucial role sedentary lifestyles withdrawal symptoms

Teenager dies after playing computer game non-stop for forty hours



An eighteen-year-old collapsed and died at an Internet café In Talwan, after playing an online computer game for forty hours straight. The youth, identified only by his surname, Chuang, had reportedly *Lost track of time.

Chuang entered a private room at an Internet café in Tainan, southern Taiwan, at around lunchtime on 13 July and logged into an online role-playing game. With the and an incredibly controls to a virtual world 1 , he became completely lost in the game. food, he played for forty hours, but on the morning of 15 July, an attendant at the café found him

asleep at the computer and woke him up. After walking just a few steps, Chuang collapsed. He never regained consciousness and was pronounced dead shortly after arriving at a local hospital.

In a chilling warning to all of us who live 4 investigators speculated that long hours without physical movement had 5 in creating cardiovascular problems for Chuang. This tragic story is also a reminder that gaming can be addictive and can cause obsessive behaviour and 4 in the same way as alcohol or drugs. There have since been calls for game producers to by building enforced breaks into their games.

WORD STORE 7D

Collocations



- Match the sentence halves.
- Most of the people I know keep
- 1 Excuse me, but at the risk
- 2 One of the most common
- 3 How exactly do we address
- 4 Young people living such hectic
- 5 Exercise plays a
- 6 In the US, the average lifespan
- 7 James Bond always has a range of improbable gadgets

- a of sounding stupid, could I ask you to show me how to switch the phone on again?
- b at his disposal.
- of a mobile phone is just eighteen months.
- d lifestyles can easily fall behind with their studies.
- vital role in balancing the harmful effects of a sedentary job.
- symptoms of amnesia is a shortened attention span.
- g the problem of cheating in exams?
- track of time using their mobile phone rather than a watch.

SHOW WHAT YOU'VE LEARNT

- 7 Choose the correct answer, A, B or C, to complete both sentences in each pair.
 - The habit of __ abusive comments online is known as

We would like to remind customers that, though not illegal, __ cash is not recommended.

B receiving C posting A reading

2 The put on some Korean teenagers to do well in their exams has even led to suicides. I'm afraid you have extremely high blood . It's time for a lifestyle change.

A stress B pressure C levels

3 Michael Jackson's early success came at the of a normal childhood.

The of heli-skiing means that it's really only an option for rich winter sports fans.

B point C loss A expense

4 It is very hard for the astronauts aboard the International Space Station to keep of time. Olympic hopeful Jessica Watts can be found at the athletics every morning at 6 a.m.

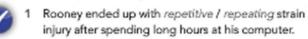
A track B event C records

5 Isaac and Vivian are exactly the same age and have decided to have a birthday party this year. Swimming is a good exercise for those who suffer from pain.

C joint

A large B leg

Choose the correct options.



2 Until there's a power cut, we forget what a crucial problem / role electricity plays in everyday life.

3 If you have everything at your fingertips / fingernails, this meal only takes ten minutes to prepare.

4 I can't go on living such a hectic lifestyle / lifespan -I'm exhausted!

5 I'm trying to update / upload a photo to my profile but it isn't working.

/10

